

TIME:	DAY 1 Sunday 4th	DAY 2 Monday 5th	DAY 3 Tuesday 6th	DAY 4 Wednesday 7th
07:00-08:30		Soft Yoga M	Soft Yoga M	Soft Yoga M
08:30-09:30		Breakfast	Breakfast	Breakfast
10:00-10:30		Morning meeting	Morning meeting	Morning meeting
10:00-12:30		Trust and safe	Boundaries	Forgiveness
12:30-13:30	Check in + lunch	Lunch	Lunch	Lunch
14:00-16:00	Welcome meeting	Watsu	Watsu	Who am I? Massage 1
16:30-17:30		Sharing group	Sharing group Dinner 17:30	Massage 2
18:00-19:30	Dinner	Dinner	Kirtan	Dinner
19:30-22.00	Kailash concert	Movie		Jeremiah intro

Key

Food
Workshop
Optional
Sharing

TIME:	DAY 5 Thursday 8th	DAY 6 Friday 9th	DAY 7 Saturday 10th	DAY 8 Sunday 11th Nov.
07:00-08:30	Soft Yoga M	Soft Yoga M	Soft Yoga M	Soft Yoga M
08:30-09:30	Breakfast	Breakfast	Breakfast	Breakfast
10:00-10:30	Dream Journey	Morning meeting	Morning meeting	Closing meeting
10:00-12:30	09:30-12:30	To serve	Enjoyment	10:00-12:30
12:30-13:30	Lunch	Lunch	Lunch	Lunch
14:00-16:00	Dream Journey	Expression Massage 1	Water temple	Check out 14.30
16:30-17:30	13:30-16:30 Dream sharing 5-6	Massage 2	13:30-18:00	
18:00-19:30	Dinner	Dinner	Dinner at Blanco with Balinese dance?	
19:30-22.00	Movie	Open stage		